**What is included in a Letter of Interest?**

1. **Your specific interest in the school**
   * Why are you so interested in this school?
   * What stood out the most to you on your interview day?
   * What did you learn that really piqued your interest that you didn’t see on the website?
   * Any interesting conversations students, staff, faculty, or alumni that were really meaningful to you.
2. **Significant professional, academic, or personal updates**
   * What have you been doing during your glide year?
   * How have your activities specifically prepared you for that school, curriculum, environment, etc?
   * If your recent activities don’t directly connect back to the school, discuss how your activities may be satisfying a specific interest of yours.
   * *Personal Side Notes*: Your letter should primarily focus on your professional and academic experiences, but you can dedicate a smaller portion to focus on personal fit. If you want to be close to your family, significant other, etc, that is OK to say. It will help them understand you have personal reasons for selecting that school in addition to all of the other reasons that the school seems to be a great fit for you.

**What is included in a Letter of Intent?**

1. **Include everything from your Letter of Interest draft!** 
   * You can go into greater depth in terms of why this school is your top choice and/or why it has become your targeted school.
2. **Elevate your level of commitment*: the Letter of Intent will specifically state that if you are accepted, you will attend.***
   * Should only be sent to one school
   * You must follow through on your word (professionalism, character, integrity)

**Tips for Writing Letter of Interest/Intent**

* Most commonly written after being placed on a waitlist (think spring)
* Check to see if the school even accepts applicant updates or if it has a limit to the # of extra submissions beyond your application.
* One page, single spaced is plenty (No need to use business letter format if you don’t have space)
* Be sure that your name and ID Number (AMCAS, AACOMAS or TMDSAS) appears on every document you submit
* Don’t write a letter more than once a month (again, check to see if you are limited in the # of update letters you can submit)
* **Proofread!** Letters of interest, and more importantly letters of intent, should be individualized for that particular school. However, if you are writing a more general update letter or are writing a few letters focused on schools with similar themes, you will want to make sure you/friend proofread to make sure you don’t use another school’s name.