**Ways to prepare for interviews are:**

BE INFORMED!

One way to get ready for interviews is to focus on educating yourself about laws, controversies and social issues related to healthcare and medicine.  You will also want to learn more and formulate your thoughts about ethical, legal, moral, professional and research related issues as you prepare for interviews.

* Here’s something to get you started and remind you of Dr. Powers!   - <http://www.theatlantic.com/health/archive/2015/07/cell-phones-surgery-surgeon-distraction/398966/?utm_source=SFFB> .
* For those of you who are applying to Osteopathic Medical Schools this cycle, the following information might be of use to you in preparing for interviews:

<http://www.aacom.org/docs/default-source/cib/bgom.pdf>

KNOW WHAT A MULTIPLE MINI INTERVIEW (MMI) IS!
There are a variety of types of medical school interviews that you’ll want to be prepared for ahead of time.  The most recent interview type that has been gaining popularity is the MMI: <https://students-residents.aamc.org/search/?q=mmi>

**The interview process can be very expensive.  Some ways to make it a bit more affordable:**

SAVE MONEY!

Ask for student/State or other discounts when booking flights and hotels. Use airline miles, credit cards that give you points – any savings will be a big help if you have multiple interviews.

BE HOSTED!

Some schools have programs that will pair you with a current medical school student who will host you overnight.  Most of the schools will mention this option when they invite you for an interview.  I strongly recommend taking advantage of this option (whether or not you are trying to save money) as it is an opportunity to get a more candid feel for the culture of the school and the students.

The PBPM Alumni Directory also has a [list of former post bacs willing to serve as a host](https://docs.google.com/spreadsheets/d/1LeWhtxCUa9lB3lK9AEQG8rzdPUSRyNMAEuOK7SVUnRM/edit?usp=sharing).  *There’s a tab on the bottom of the sheet for each individual state.*

*NOTE: If you do utilize the host program remember to write a thank you note or leave behind a small token of your appreciation.*

CONSIDER BUNDLING YOUR INTERVIEWS!

Depending on your circumstances it may be worth considering bundling your interviews.  This can save a lot of time and money in the interview process however, I strongly recommend speaking with me/Jillian about your circumstances first.  Once we determine the appropriateness of bundling your interviews we can then work together on the best strategy to do so.

This is not a complete list of resources nor all of the advice we can provide you but hopefully it will help you get started.  We strongly recommend staying off SDN and other similar sites that feed into applicants’ anxiety and instead use reputable resources such as: <https://studentsresidents.aamc.org/search/?q=medical+school+interviews>  and your advisors.